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## WHAT ALEX DOES

Over the years, Alex has focussed on how to help his clients and their organisations develop strong and effective leaders, while also helping individuals in these organisations to develop personal capacity to deliver the results leaders are looking for.

Dr. Granger's passion is about developing future leaders on the continent of Africa by helping individuals and businesses understand the "How?" behind the "Why?".

As an accredited Life Coach, Executive Leadership (ELDP) graduate from Gordon's Institute of Business Science, and a PhD in Philosophy, he is best placed to help leadership and teams achieve their strategic objectives.

When you book Alex for your next event, you are assured of:

- Integrity and professionalism in every aspect
- Current, relevant content that will educate, empower, and inspire your audience
- 20 years sales and leadership experience and lessons in the corporate environment
- Dynamic and energetic presentation style to keep your audience engaged
- Authentic, sincere, and forward-thinking speaker
- A speaker who will challenge your audience, and move them from their comfort zone



### ALEX'S TALKS

#### Leadership Talks

Innovation Leadership – "Leading Through Crisis"

5 Innovation Leadership skills required to not only navigate crisis, but to stay ahead of the change curve, adapt, and innovate for business growth and sustainability.

## Bluer Than Indigo – "A Transformational & Humane Leader Shift"

Improve communication skills, organisational culture, social competence, client relations, teamwork, and overall a significant shift in thinking and productivity.

#### **Future Proof Your Leadership**

Understanding the difference between command and inspirational leadership, improving accountability, commitment, responsibility, and exponential thinking and agility.

#### Team Effectiveness Talks

### Built To Adapt – "Better Everyday"

Find new clarity through humanity, emotional intelligence, and community. Attain tangible personal development strategies that can help you to navigate past the Covid-19 pandemic and other future crises.

# B.R.E.A.T.H.E. - "From Survival to Thriving in 2021"

7 strategies to future proof your emotional and mental wellbeing and be more productive. The BREATHE framework, designed by Dr. Alex Granger, helps one overcome pain, trauma, loss, depression, negativity, and regain motivation, focus, positivity, strength, resulting in productivity, wellness, and success.

#### **Fit For Purpose**

A 3 Step methodology, sharing insights on how people can be developed and made future fit for purpose.

#### We Must Rise

Alex dissects the "HOW TO" navigate through a crisis and thrive.

# TRAINING & DEVELOPMENT

#### The 2<sup>nd</sup> Arrow Of Resilience

A 3-hour workshop | All Staff Inspires a shift in thinking in navigating change and the new normal post Covid-19; - improve self awareness through EQ and develop grit; - amplify self belief and confidence in this new era; - strengthen one's ability to adapt to changes readily; and - deliver a sense of optimism and positivity

#### **Personal Mastery**

2-day workshop | All Staff
Personal mastery is something that we all
want to achieve, whether we know it or
not. It is about our journey towards
continuous improvement and seeing life
from a different perspective. It is not
something that is achieved overnight, but
rather something that each and every one
of us strive towards in our journey of life,
fostering a more satisfying, successful,
happier and fulfilling life.

#### **Leading From Within**

2-day workshop | Leadership
A leadership intervention that will draw the strength from within you to be able to navigate the prevailing crisis, and another future crisis for that matter. Essentially, this is a leadership proofing masterclass! The LEADING FROM WITHIN Masterclass is a carefully curated leadership framework with 6 components, facilitated in an immersive experience of practical activities to enhance and cement new learning.





# **CONTACT US**



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